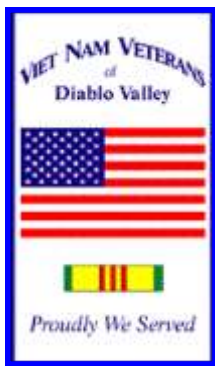


INCOMING NEWS



NOV 2019



Viet Nam Veterans of Diablo Valley

HOLIDAY DINNER DEC. 5TH ~ RESERVATIONS & MEAL SELECTION REQUIRED

5th ANNUAL PANCAKE BREAKFAST NOV 2 VMB

PRESIDENT'S MESSAGE



Gary Estrella
VNV DV
President



Viet Nam Veterans of Diablo Valley
Will conduct a special donor
drawing at the **VNV DV 2020
Super Sunday Crab Feed**
02FEB2020 to select one out of
300 for luxury fishing trip in
Canada during 2020

KING PACIFIC LODGE

Trip for Two - 4 Day/3 Night Luxury
Rooms feature soaker tub &
panoramic window views!
Roundtrip transportation from Vancouver,
Canada [South Terminal] to Lodge.



Fishing Trip of a Lifetime!
1/2 Day guided each day 5hrs/day
Self-guided unlimited hours of fishing

VETERAN 's

SAT Morning

Social Coffee...

Join fellow

Veterans each Saturday

8AM until 11AM

In Danville at the

Veterans

Memorial

Building

Pastries too!

As we begin the final quarter of 2019, we prepare for 2020. As stated in September there is a lot to be done. In preparing for next year I was reviewing how this past year went and where the VNV DV will be going. The first thing that hit me was that as a Danville VSO we have a strong presence in our community. Our members live in many communities, not just in Danville. We all have one common bond and that is our status as veterans and our service in Vietnam. We were founded in the spring of 1991 and part of our current membership actually includes many founding members and members that joined in the first few years.

Recently, through our effort to increase our membership, we've gained a lot of new faces. Looking back at our beginning and evolution over the past 28 years, I found myself wondering about our success. After all, 15 years prior to our founding the Vietnam Vet was still not universally "welcomed home." Some of us didn't tell anyone other than family we were vets and most of us were in the midst of a career and/or raising a family. How and why did a bunch of Vietnam Vets get together to found a VSO whose purpose was to improve the image of the Vietnam Veteran and proclaim that we "Proudly Served."

President's Message (Continued on Page Two)

VNV DV's largest dinner of the year...

Christmas Holiday Appreciation &
Recognition Dinner Gala

RSVP your MEAL SELECTION TO
SLATTENGREN.VNV DV@GMAIL.COM by
NOV 27th

MEAL SELECTION

Prime Rib / Pistachio-crusted Salmon or a
vegetarian dish of Butternut squash
tortellacci

for dessert chocolate decadent cake

PRICE \$45 per DINNER

Social at 5 - Sit-down Dinner at 6

Remember to bring a GIFT CARD for
the OPERATION SANTA CLAUS TOY
FUND

NOVEMBER 7TH SPEAKER DAVID COLEMAN



David is the V-P of Officiating at the Pac-12 Football Conference. Prior to this, David was the Director of Officiating at NFL Headquarters in New York City. He is a West Point graduate and served in the 101st Airborne Division and the 3rd Infantry Division.

Our meeting format has not significantly changed over the years. It consists of a Meet and Greet (5:00pm-6:00pm), an Opening with Pledge of Allegiance to the Flag & POW/MIA Table, Dinner at 6:00pm, Introductions starting at 6:30pm, Board of Directors Reports at 7:00-7:15pm, Break for ten minutes and a Speaker at 7:40pm, with our time together ending about 8:30pm.

Since our meeting attendance is now consistently numbering over 60, holding to a timetable for our meetings is important as we have our drive home in the dark and restaurant time constraints to consider. And while Introductions are a very important part of our meetings as we get to know our new members and they to get to know us, we need to be mindful of the length of time of each veteran's introduction (i.e., 60 members with a 30 second intro equals 30 minutes . . . our designated amount of time).

And let's not forget an important caveat to all: Should you neglect to introduce your spouse, significant other, or guest during your introduction time, a severe chastisement will result up to and perhaps including buying a round of drinks for everyone, a tradition started at our inception.

In closing, we pray for safe travel for our Vets returning to Vietnam to distribute wheelchairs. And, remember, our Elections in November and our Annual Christmas Gala and Awards Meeting in December.

Gary Estrella
President
PH: 925 / 962-9552
E: gamastar6@aol.com



Veterans Day Parade
Pleasanton - Sun. Nov 3
Need volunteers for Flags
Contact Jerry Yahiro
925 / 683-2541
Muster 11:00 Veterans
Bldg. Main Street
Pleasanton



2020 VNVDV Crab Feed
Sunday - Feb. 2nd
"Donations Needed"

For the Feb. 2 Crab Feed there are some BIG BOOTS to fill. Donations don't fall from

the sky. Andres Schmidt and Ray LaRoche have moved. Their donation input was significant. Jim Murphy and Jim Hill need everyone's help to make the Auction successful. Contact them to discuss ways to fill the this void.



December Holiday Dinner
Thursday December 5th
Reservations/MEAL SELECTION -
PRIME RIB, SALOMON OR VEGGIE
Required by Nov. 27
\$45. per Dinner
RSVP TO MIKE SLATTENGREN
Slattengren.vnvdv@gmail.com
No later than NOV. 27TH

Operation Santa Claus:

Honoring Our Military Men & Women and Their Families

The VNVDV's DEC 5th Holiday Dinner is the time of our Annual Toy Drive. Toy donations are great, but to best support the VNVDV's major purchase of new toys for *Operation Santa* this year it's requested \$20/\$25 Gift Cards from Toy Stores i.e. **WAL-MART, TARGET, KOHL'S AND ETC., AS WELL AS VISA AND AMEX GIFT CARDS** which are universally accepted at toy stores. These **GIFT CARDS** will be used for the purchase of new toys. VNVDV members are asked to participate by bringing \$20-25 Gift Cards for Toy Stores to the **Dec 5th Holiday Dinner**. The goal is to facilitate the purchase of toys for both male & female children *of all ages*, especially TEENS! The toys will be distributed to children of *specially invited military families*, including U.S. Coast Guard, **Gold Star Families, Reserve/National Guard families & GWOT families...** *selected & invited by their Command.* Shop now for your gift card! Remaining Toys will be used for Toys for Tots & the Concord Vet Center "Santa Visit" - **Please BRING ALL GIFT CARDS** for Toys to our NOV meeting or DEC. Holiday Dinner.



CHRISTY'S DONUTS

Since 1987

436 Diablo Rd.
Danville, CA 94583
(925) 820-3394
Weekdays 5:30-2:00
Weekends 6:00-1:00



- Donuts
- Coffee
- Pastries
- Bagels

More Than 2 Dozen: Please Call Ahead
(Special Discounts)

Church • School • Scouts • Party Orders • Club Organizations

FASTSIGNS

More than fast. More than signs.™

VNVDV
uses FASTSIGNS

FASTSIGNS #48

2551 San Ramon Valley Blvd. #113
San Ramon, CA 94583

ph. (925) 820-2202

fax. (925) 820-8911

Email: 48@fastsigns.com

A TRIBUTE TO ALL VETERANS ~ JOIN US FOR THE PANCAKE BREAKFAST

You are invited to the 5th annual

VETERANS PANCAKE BREAKFAST

HOSTED BY COUNTY SUPERVISOR

Landace Andersen

AND FORMER STATE ASSEMBLYWOMAN

Katharine B. Baker

AND AMERICAN LEGION POST 246



Saturday

11.2.19

8:00 AM - 10:00AM

**VETERANS MEMORIAL BUILDING
OF SAN RAMON VALLEY**

400 HARTZ AVENUE, DANVILLE

**VETERANS, ACTIVE DUTY, AND FAMILY
ARE INVITED TO JOIN US FOR A
COMPLIMENTARY BREAKFAST**

PLEASE RSVP BY OCTOBER 30TH TO
SUPERVISORANDERSEN@BOS.CCCOUNTY.US
OR CALL THE OFFICE AT 925.957-8860

JOIN SAN RAMON ROTARY FOR LUNCH HONORING VETERANS

Sponsored By:



SAN RAMON
REGIONAL MEDICAL CENTER,
JOHN MUIR HEALTH PARTNER

Rotary



HOSTED BY THE SAN RAMON ROTARY CLUB

A LUNCH TO HONOR VETERANS AND ACTIVE DUTY PERSONNEL IN OUR COMMUNITY

THURSDAY, NOVEMBER 7 12:00 - 1:30

LOCATION: SAN RAMON REGIONAL MEDICAL CENTER

PLEASE CONTACT JULIE MCKINNEY AT JULIE@JBMCKINNEY.COM
FOR MORE INFORMATION OR TO SIGN UP. PRE-REGISTRATION
IS NEEDED BY OCTOBER 30. VETERANS AND ACTIVE DUTY
PERSONNEL ARE INVITED AS GUESTS OF ROTARY.
SPEAKER: MIKE CONKLIN, SENTINELS OF FREEDOM

VETERANS THANK YOU DINNER



Saturday, November 9, 2019

Opens at 2:00 p.m.

Dinner at 4:30 p.m.

All Veterans, Active Duty - Free

*(Show DD214, VA ID, CA Veterans DL, or
come in uniform)*

Non-Veteran Guests - \$12 prepaid at time of reservation

Please feel free to invite other vets or pass it on.

Reservations are required, so call 925-935-1811.

Let us know who you served with and how many will be coming so we can plan. This will be an open-seating buffet type event, so plan early and get your reservations in, as this will fill up fast (servers will be available for those who need assistance).

**Walnut Creek Elks Lodge #1811
1475 Creekside Drive, Walnut Creek, CA 94596
(925) 935-1811**



Veteran's Day Tribute - Nov. 12th



All Veterans & Community Members are Invited

Contra Costa Board of Supervisors Salute to Veterans & Veteran Service Organizations



On **Tuesday - November 12th at 11:00AM** all Veterans & patriotic community members are encouraged to be in Martinez for our Contra Costa County Board of Supervisors annual Veteran's Day Tribute honoring all Veterans. This special salute is again led by our outstanding County Veterans Service Officer **Nathan Johnson**. Do not miss the Contra Costa County Board of Supervisors on Tuesday Nov. 12th - arrive by 10:30AM - parking available. We thank our County Board of Supervisors for their support of our Veterans Service Office & our special appreciation to Service Officer *Nathan Johnson* and his outstanding team for their support of all Veterans & their families. ***This year the Supervisors will pay tribute to Jeff Jewell, Concord Vets Center.***

The Fishing Trip of a Lifetime!



KING PACIFIC LODGE TRIP FOR THE 2020 SEASON

An iconic luxury lodge to stay in while you fish...

West Sport fishing King Pacific Lodge is a luxury floating lodge, designed in the spirit of a modern and efficient fishing lodge; where understated elegance meets the wilderness with many quality details and finishing touches catering exclusively to 34 guests. This trip is currently valued at \$9590 CDN/\$7112 USD.

For more information on the lodge go to <http://kingpacificlodge.com/>

Dates will be determined upon availability at King Pacific Lodge. Reservations available after 5 Feb 2020. All-inclusive from Vancouver. Gratuities not included.



**VETERANS
OF DIABLO VALLEY**

Your "donation" will support VNVDV projects & programs benefitting Veterans & those serving in 2020-2021

The fishing trip of a lifetime!

Major VNVDV Fundraiser!

**Trip for 2 for a
4-day/3-night stay**

**½ Day guided each day
5hrs/day. Self-guided
unlimited hours of fishing**

**Luxury rooms feature a
soaker tub with panoramic
window views!**

**Roundtrip transportation
from Vancouver, Canada
South Terminal to Lodge**

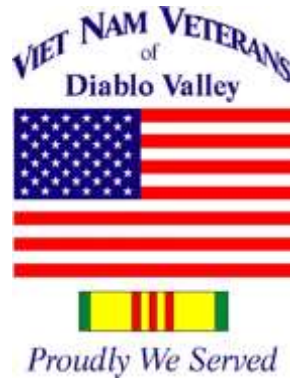
\$50 PER OPPORTUNITY

*Maximum 300 tickets to be
sold*

Contact
Bill Green 925.683.3293
OR
Jerry Yahiro 925.683.2541
for tickets

Winner will be drawn
2/2/2020 at the VNVDV

***Your "donation" will support VNVDV projects & programs
benefiting Veterans & those serving in 2020-2021.***



VNVDV 2020 King Pacific Lodge Fishing Trip *A VNVDV Fundraiser*

An iconic luxury lodge to stay in while you fish...

West Sport fishing King Pacific Lodge is a luxury floating lodge, designed in the spirit of a modern and efficient fishing lodge; where understated elegance meets the wilderness with many quality details and finishing touches catering exclusively to 34 guests. *See Bill Green - Jerry Yahiro or Mike Slattengren for tickets –*

\$50/opportunity/ticket - maximum 300 - opportunities /tickets

For more information on the Lodge go to the [King Pacific Lodge](#) website
Here is the [flier with more information](#)

For more information and details on this outstanding fishing opportunity visit: **<http://kingpacificlodge.com>**

To donate for opportunities - Contact VNVDV Treasurer [Mike Slattengren](#) available at VNVDV Dinner Meeting *“[Check-In](#)”* at [Crow Canyon Country Club](#)

Drawing at VNVDV annual 2020 Super Sunday Crab Feed – 02FEB2020

Feb 2th – Sunday at the Veterans Memorial Building of San Ramon Valley in the Town of Danville

Need Not be present to Win



Viet Nam Veterans of Diablo Valley

OFFICIAL BALLOT for the 2019 ELECTION of OFFICERS & DIRECTORS
Serving JANUARY 1, 2020 to DECEMBER 31, 2020

OFFICIAL BALLOT

PRESIDENT

Gary Estrella

VICE PRESIDENT

Dennis Giacobelli

TREASURER

Mike "Slatts" Slattengren

SECRETARY

Clifford "Cliff" DeCuir

DIRECTOR of MEMBERSHIP

Jim Murphy

DIRECTOR - at - LARGE

Steve Burchik

DIRECTOR of EVENTS

Jerry Yahiro

DIRECTOR of SPEAKERS

Mike Martin

DIRECTOR of INFORMATION

Jon Robbins

DIRECTOR of PROCUREMENT

John "T. J." Trujillo

DIRECTOR of PUBLIC RELATIONS

John "Garfield" Reese

ALL VNVDV Ballots should be submitted at the Monthly Meeting in Nov. Or copied from the November issue of the Incoming News and completed in Full and Mailed to the organization address—VNVDV PO Box 2079—Danville, CA 94526 by Nov. 22, 2019 deadline.

PRINTED NAME: _____ SIGNATURE: _____

E-MAIL ADDRESS: _____ CONTACT PHONE: _____

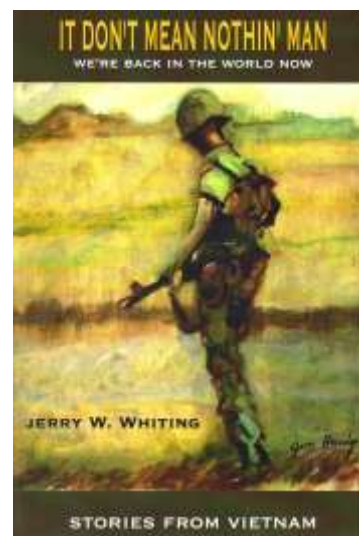
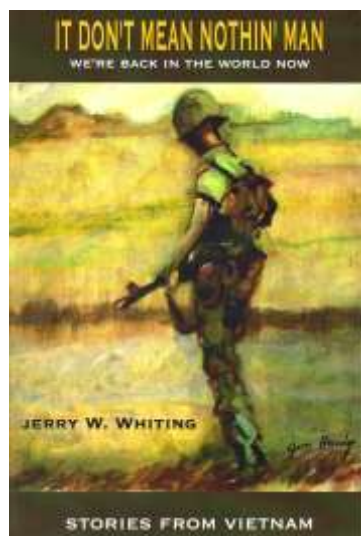
ALL BALLOTS MUST BE COMPLETED ALLOWING ELECTION COMMITTEE TO MATCH AGAINST OUR MEMBERSHIP ROSTER.

October Dinner Meeting - 2019



Do YOU have your personal "autographed" copy of

JERRY WHITING's
new book about the VNVDV
"It don't Mean Nothin' Man
We're back in the world now"





Ring those Holiday Bells

Performed by

BLACKHAWK Chorus

Saturday, December 14 | 4:00 pm
Dougherty Valley Performing Arts Center, San Ramon

Sunday, December 15 | 5:30 pm
Blackhawk Country Club, Danville

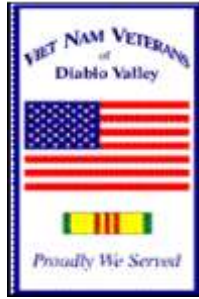
Under the direction of



Diane Gilfether

**For ticket information
visit blackhawkchorus.com**

Attend the Saturday December 14th Event



December 2019

Dear Business Owner / Community Supporter -

The Viet Nam Veterans of Diablo Valley (VNVDV) proudly announces their annual charity fund-raiser & we respectfully requests your support for this event. On Sunday, February 2, 2020, we will hold our 17th annual *Charity Crab Feed*, at the newly remodeled Veterans Memorial Building, in Danville, CA.

The VNVDV are an independent, **“grass-roots”** - non-profit / tax-exempt - 501(c)(19), veteran’s organization, comprised primarily of Viet Nam combat veterans. We **“proudly continue to serve”** our community, *with your support*, through a variety of programs, projects and events. (Tax ID number below).

The money raised through our 2020 Charity Crab Feed will support local veteran, active-duty military & community-service events and programs that we conduct and proudly support throughout the year. These include:

- The East Bay Stand Down
- Memorial Day Program at Oak Hill Park
- **Danville’s 4th of July Parade**
- San Ramon Valley **Veteran’s Day Program**
- **The VNVDV School Speaker’s Bureau**
- Operation Welcome Home – *Returning Vets*
- Armed Forces Day **“Walk of Honor”**
- The Blue Star Moms
- The Sentinels of Freedom
- Diablo Valley Flag Brigade
- All Wars Memorial at Oak Hill Park
- The Wheelchair Foundation
- Operation Santa Claus / Toys for Tots
- Memorials Dedicated to Fallen Service Members

We respectfully request your business support for this event - through a discount on goods purchased for **this event, “monetary sponsorship”** - ticket purchase - donated items or gift cards /certificates for your goods & services. Your donated items will be used in our Silent Auction or Raffle held during the 2020 *Charity Crab Feed*, to raise the necessary funds to continue these & many other worthwhile projects for our community.

For more information on the VNVDV, its programs, events, membership, our monthly newsletter, or how you can contribute to our Crab Feed, visit our website at www.VNVDV.com - or e-mail us at the address below.

We look forward to you joining us in support of our 2020 **“Tribute to our Troops”** Charity Crab Feed and are grateful for your generosity to our veterans, serving military, and community programs. Thank you.

Gary Estrella - President
Viet Nam Veterans of Diablo Valley
Telephone: (925) 693-9552
E-mail: gamastar6@aol.com

Viet Nam Veterans of Diablo Valley

P. O. BOX 2079 - DANVILLE, CA 94526-2079 - E-MAIL: VNVDV1@gmail.com - WEBSITE : www.VNVDV.com

Viet Nam Veterans of Diablo Valley is a non-profit veteran’s organization / corporation (EIN 68-0266369) exempt from federal (IRC 501c) & state (RTC 23701w) income tax



Date: _____

DONATION RECEIPT

To: _____

The Viet Nam Veterans of Diablo Valley (VNVDV) hereby acknowledges your donation to our annual charity fund-raiser. The VNVDV is a non-profit organization and the VNVDV provided no goods or services in exchange for your donation. We sincerely thank you for your support of our annual fund raising event.

Your Donation Details	\$ - Value
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

The money raised through our 2020 Charity Crab Feed, will support local veteran, active-duty military & community-service programs and events the VNVDV conducts and proudly supports throughout the year. We thank you again for your support of the VNVDV.

Sincerely,

Coordinator
Crab Feed Donation Committee 2019
Viet Nam Veterans of Diablo Valley

VNVDV Contact: President Gary Estrella - Telephone: (925) 963-9552 - E-mail: gamstra6@alo..com

[Viet Nam Veterans of Diablo Valley](http://www.VNVDV.com)

P. O. BOX 2079 - DANVILLE, CA 94526 - 2079 - E-MAIL: VNVDV1@gmail.com - WEBSITE : www.VNVDV.com

Viet Nam Veterans of Diablo Valley is a non-profit veteran's organization / corporation (EIN 68-0266369) exempt from federal (IRC 501c) & state (RTC 23701w) income tax

VNVDV Member *NOVEMBER* Birthdays

Michael Karl	Navy	Michael McClosky	Air Force
"TJ" Trujillo	Army	Lorrie Sammons	Navy
Tom Holstrom	Navy	Gary Pforr	Army
Steve Mazaika	Army	Donald Parker	Navy
Phil Stage	Army	Slatts Slattengren	Navy
Kasey Warner	Navy	Dave Corozza	Air Force
Steve Shirley	Army	Charles Gibson	Army
Bob Poirier	Navy	Jim Bell	Army
Tom Eager	Army	Bud Eckert	Marines

Thanks to the **October Speaker Gary Estrella** for his presentation on his experiences from the Marine Training Depot San Diego to 2nd Battalion 9th Marines and finally the being a guest at the Oak Knoll Naval Hospital.



J. Rockcliff



REALTORS



MIKE WEBER
Realtor *

4105 Blackhawk Plaza Circle
Danville, CA 94506
CalBRE#00441586

direct: 925.736.1500
mweber@rockcliff.com



VENTURE RESEARCH
*Commercial Real Estate
Appraisers & Consultants*

Helen S. Reese
PH: 925 / 935 - 4294

New E-Mail: HSReese@att.net

Website: www.VentureResearch.biz

*"Experience the Quality Difference... over 30 years
serving California and beyond with Excellence"*

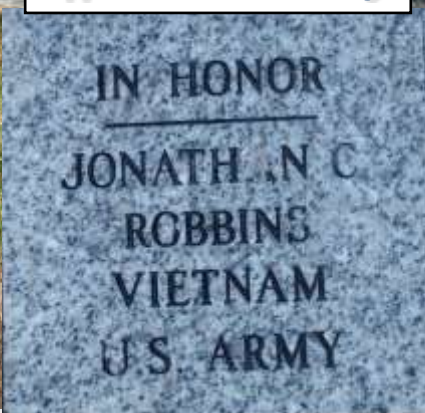
ALL WARS MEMORIAL

Expanded Walkway - 600 New Pavers Now Available!

Thank You to the patriotic community for Honoring their



Application On Next Page



www.AllWarsMemorial.org



Fall Engraving Scheduled for October 2019

ALL WARS MEMORIAL GRANITE PAVER ORDER FORM


Yes, I would like to make a tax-deductible donation to the
All Wars Memorial Foundation or purchase an AWM Paver
To honor the service or contribution made by an Individual Serving -
Veteran or Patriot with a Paver - *or* Honor your Organization or Unit

PURCHASER'S INFORMATION: (If paying by credit card
Use the information as on the billing statement)

Name of Purchaser

Address

City / State / Zip

 Please provide Contact Phone & E-Mail Address (utilize separate
sheet & attach, if needed to clearly provide requested information.

INDIVIDUAL Paver - Granite 8" x 8" @ \$300.00 each

____ IN MEMORY (for those who died while serving their country)

____ IN HONOR (for all other pavers)

NAME (to be shown on paver) _____

Can add **Rank** for those who that served in the military.
Up to two lines available - maximum of 15 characters on
each line - including spaces. **Please PRINT all letters.**

BRANCH of SERVICE: (circle one)

U. S. Army - USMC - U. S. Navy - USAF - USCG - Army/Air Corps
Merchant Marines - National Guard - *or* - **PATRIOT** (for all others)

Organization / Unit Paver - Granite 8" x 8" @ \$300.00 each

PAYMENT METHOD:

Enclosed Check for: \$ _____

⇒ Payable to: **ALL WARS MEMORIAL FOUNDATION - (AWMF)**

Post Office Box 158 - Danville, CA 94526

Charge my: Visa - MasterCard (Please Print)

Card Number

Expiration Date

Signature and Date... & mail to: AWMF (address above)

www.AllWarsMemorial.org

Veterans "STEP UP" TO PREVENT FLU



As fall and winter approach, flu season is upon us too. Influenza (flu) presents health challenges not only to us as individuals, but to our families, and our VA and hometown communities. Flu is a respiratory illness that spreads easily. It is caused by viruses that can change from year to year. Anyone can get the flu. This is why it is important for all of us to "step up" and help stop the spread of flu!

VA Flu Shots begin Oct 15th

STEP 1 Get your flu shot

People who are 6 months and older should get the flu vaccine (flu shot or nasal spray). This year the vaccine will protect you from the "2009 H1N1 Pandemic Flu", as well as two other strains of "regular" flu, so adults will need only one flu shot. Almost all people who get the flu shot have no serious problems from it. Remember, the best way to stop the flu is to get the vaccine each year.

STEP 2 Know how flu is spread

When a person with the flu sneezes, coughs, talks, or laughs, the flu virus can spread into the air as droplets from the mouth or nose. These droplets can spread to people and

spread to your hands if you touch anything that has the virus on it. If you then touch your eyes, nose, or mouth, you can get the flu. Remember, people may be able to spread the flu virus to others 1 day before they feel sick and up to 5 days after getting sick.

STEP 3 Know the symptoms of flu

Symptoms of flu include a fever (usually high), muscle aches and pains, headache, feeling tired and weak, chest discomfort, and coughing. People with flu may also have a stuffy nose and sore throat. Remember, illness can start 1 to 4 days after you get the flu virus.

STEP 4 Keep your hands AND surfaces around you clean

Clean hands often by washing with soap and water or by using alcohol-based hand rubs. Clean hands before eating or preparing food, before caring for someone who is sick, before touching your face, mouth or eyes. Clean your hands after using the bathroom, after caring for someone who is sick, and after blowing your nose, coughing or sneezing. Keep surfaces clean that are touched often such as phones, light switches, countertops, door and cabinet knobs, keyboards and mouse, and TV remotes. Remember, the flu virus can live on surfaces for 24 to 48 hours.

STEP 5 Cover your coughs and sneezes

Use tissues to stop germ "droplets" that spread from coughs and sneezes. If tissues are not available, raise your arm and cover your face with your upper sleeve. Remember to dispose of tissues in waste baskets and to clean your hands afterwards.

STEP 6 Stay home when sick

Because flu spreads easily from person to person, stay home when you are sick. School and work are well-known places that people get the flu. Remember, treat the flu by getting plenty of rest, drinking fluids, and using medicines that reduce fevers.



INTEGRITY
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Bill LaVigne
President & CEO

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(877) MOVE-677
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Eliz. C. A. Johnson
Attorney at Law

JLF

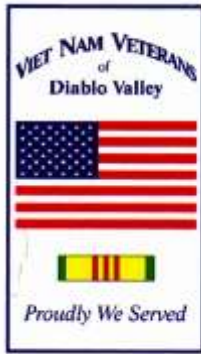
A Law Firm

Post Office Box 8, Danville, CA 94526
T.925.362.1010 F.925.362.1015
elizabeth@johnsonestateplanning.com

johnsonestateplanning.com

Thanks to Procurement Director John "T.J." Trujillo for his monthly display of VNVDV Hats and Shirts. Order your VNVDV NAME TAGS contact "T.J."

For all your VNVDV Shirts and Hats team with TJ and Power Stitch



John T.J. Trujillo
Director of Procurement

Viet Nam Veterans of Diablo Valley
P.O. Box 2079
Danville, CA 94526

925-997-5253
trujillo.tj.john@gmail.com
www.VNVDV.com

POWER STITCH
Custom Embroidery & Promo Products
925-362-3477



powerstitch@comcast.net
www.companycasuals.com/powerstitch

Valerie & Kelly
Amador

181 Hartz Ave.
Danville, Ca 94526

VNVDV Members THANK David Behring

Wheelchair Foundation



"Serving the World"



Looking for a unique BIRTHDAY Gift?
Donate a new WCF wheelchair in their honor... great for someone who has everything!

The Viet Nam Veterans made 2 distribution trips in 2006 & 2012 and the Fall 2019 to Viet Nam is this month. Providing freedom of mobility for those lacking this basic need.

We Thank David Behring & Joel Hodge for your support of VNVDV & our two amazing wheel chair distribution trip to Vietnam. Looking forward to 2019 trip.

The VNVDV is planning on filling a container of Wheelchairs for distribution in Vietnam. Be a part of this exciting VNVDV project!

Viet Nam 50th Commemoration Honors our Viet Nam War Veteran Members

VNVDV LIFE MEMBERSHIP Special 50th VN Commemoration - Honoring Your Service - ONLY \$50.

Danville VMB's County Veterans Service Office OPEN every Wednesday 10-2 to serve Veterans

All Wars Memorial

Oak Hill Park Memorial Expands
The New Paver Section Opened JAN 2019
Do you have an AWM Paver? Don't wait - Honor a veteran, friend, neighbor, family member or patriot with a special AWM Paver Tribute!
New Walkway of 600+ Pavers to Open \$300.
Custom Engraving is performed Spring & Fall. Take time to **visit the AWM** - then the website for an application form. Order your AWM Paver **www.AllWarsMemorial.org**
Questions? See link on AWM Website

Please SUPPORT & FOLLOW NEWS from some of our SUPPORTERS & FRIENDS WEBSITES:
Contra Costa County Veterans Service Office - Open in Danville every Wednesday - call 925 / 313-1481 for Appt.
All Wars Memorial and obtaining AWM Pavers at Oak Hill Park - visit: www.AllWarsMemorial.org
Marines Memorial Association / Hotel / Club in SF - Visit their website at: www.MarineClub.com
Sentinels of Freedom Scholarship Foundation - visit: www.SentinelsOfFreedom.org
Wheelchair Foundation & Wine for Wheels - Support our those in need of mobility - Visit: www.WineforWheels.org
Blue Star Moms #101 website: www.bluestarmoms.org & Blue Star Moms #20 website: www.cdbluestarmoms.org
VNVDV website to see more about the Vietnam Veterans of Diablo Valley at: www.VNVDV.org

VISIT THE VMB/SRV's WEBSITE - for the VETERANS MEMORIAL BUILDING at: www.VMBSRV.org



Department of Veterans Affairs



VA HEALTH CARE | Defining EXCELLENCE in the 21st Century



U.S. DEPARTMENT OF VETERANS AFFAIRS

Monday-Friday 8:00a.m.-4:30p.m.
Martinez Primary Care Clinic
150 Muir Road, Martinez, Calif.94553

Advice Nurse-Appointment Line
800-382-8387
Pharmacy(Toll Free)Line
866-600-8279
Martinez, CA. 94553

Fax: (925) 372-2804

VA's FLU SHOTS AVAILABLE NOW - Get Yours!
ARF Mobile Veteran Pet Exam Van Monthly!
Get your Veteran Certification for DMV License

Veterans... Are You Utilizing Your VA Health Care Benefits?

The VNVDV encourages all Veterans to Enroll in VA Health Care coverage & utilizing trained professional advocates at our Contra Costa County VSO. The VA Health Care System is the Best - get help

Visit our VNVDV Website for more Benefit details.

FLU IS CAUSING SERIOUS ILLNESS & DEATH!
Please visit one of our VA Clinics in Martinez - Oakland or other locations now to obtain your FLU shot - available to all Veterans! Don't Wait!

Are You Watching CCTV "VETERAN VOICES" on 3rd Monday?

Monthly Show Topics IMPORTANT to VETERANS & Recently Discharged/Returning VETS SUPPORT Nathan Johnson - our Contra Costa County Veteran Service Officer

Contra Costa County Veterans Service Office is a FREE service for all Veterans!

Find out about all the Veteran Benefits You earned through your Military Service Visit the County VSO Office NOW... for your FREE "Benefit Check-Up" - You Earned it!

Our Contra Costa County Veterans Service Office is "the place" to have all of your VA paperwork completed - by a qualified, experienced service rep. & this service is for all veterans **FREE** & available **M - F** in Martinez & **on Wednesdays in Danville 10-2**

Veterans Benefits Contact:

Nathan D. Johnson
Veterans Service Officer
Contra Costa County

10 Douglas Dr. Suite 100
Martinez, CA 94553

Tel: (925) 313-1481

Fax: (925) 313-1490

Nathan.johnson@vs.cccounty.us



Veterans Services

Because You Chose To Proudly Serve

Oakmont Memorial Park Cemetery in Lafayette is offering major financial assistance to all Veterans and Veteran Spouses on both Traditional and Cremation Property.

Pre-Planning Lifts the Burdens Off Your Loved Ones

Contact: Thomas Corbett, Veteran Liaison Officer, LIC# 44629
(925) 935-3311, (925) 216-4785
TCOAK8@gmail.com



REAL TIME PAIN RELIEF



To purchase call: Mike Martin - 925.323.1093



EBSD CHANGES FOR 2020

September 20, 2019

Greetings **EBSD Coordinators**, Volunteers and Supporters!

I hope this finds all is well with all of you.

This message is to give you an update on what has happened since our last EBSD, held this time last year, in 2018, and to share our plans for EBSD going forward. **Yes, there will be an EBSD 2020, our 17th Stand Down!!!**

Before going further, I want to thank all of you for volunteering and serving as coordinators/co-coordinators in 2018. A special THANK YOU to those of you who have been with the East Bay Stand Down (EBSD) over many years, especially those who have been with me since its inception in 1999. I think that we all need to congratulate ourselves for a job well done! **BRAVO ZULU** (to use a US Navy term for "a job well done").

Going forward, we have some organizational changes for the EBSD Team. **MG Ron Lowe**, USA (Ret.) has elected to "Retire" and step down as our Executive Director of the Board. Thank you, Ron, for your years of service, not only to our Nation, but to all the other organizations and activities that have supported and benefited so many Veterans.

I will move to the Executive Director / Chairman of the Executive Board position. **Scott Whitacre** will take my old position, becoming the new Director of EBSD. **Scott**, a Marine Veteran (we won't hold that against him...), has been associated with the EBSD since its beginning. Early on he was our Public Relations contact from AT & T, one of our Major Corporate Sponsors. Over the years Scott has volunteered in many different areas at EBSD and served as Tent Leader multiple times. He has been active in many other aspects of the Stand Down, as well as recruiting volunteers and arranging for much needed resources at our event. Our Veterans and EBSD will be in good hands under Scott's leadership. Please join me in saying: "Welcome, Scott and Thank You!!!"

We anticipate there will be some other changes to our EBSD organization in the near future. We will let you know of them as soon as we can.

With all of this in mind, please respond back to this email as to whether you wish to return as a Coordinator/Co-coordinator for EBSD 2020. Also, please indicate your desire to serve in your previous coordinator position, or a new/different area or capacity. Also, please indicate your willingness to consider/serve in another capacity, other than your previous positions, at the EBSD Board's request, should the need arise to staff all positions with some measure of expertise. Please, get back to us with your response and input no later than October 15, 2019, so that we can move forward with staffing. We would also appreciate your input/suggestions/recommendations you may have to improve the overall EBSD experience, for all our Veterans and Volunteers.

Additionally, Scott will be contacting each Coordinator to formally introduce himself and understand your role with more familiarity and how he can help you succeed in providing our veterans with top notch support.

EBSD 2020 will be held in the **September** time frame, with specific dates yet "To Be Determined" by the Alameda County Fairgrounds, pending space availability at their facility. Community planning meetings will begin on **Tuesday, February 11, 2020, at 6:00 PM, at the SRV Veterans Memorial Building, 115 East Prospect Ave., Danville**. Successive meetings will be held on the 2nd Tuesday of the month, at the same time, same location, until the event.

Once again, I want to thank all of you for what we accomplished!

Jerry

VETERAN VOICES UPDATE: VETS DISCUS 2ND AMENDMENT RIGHTS



Contra Costa County

CCTV • 10 Douglas Drive Suite 200 • Martinez, CA 94553 • www.contracostatv.org/veteransvoices

October 18th, 2019

Contact: Nathan Johnson, (925) 313-1481
nathan@vs.cccounty.us

MEDIA RELEASE: Veterans' Voices to explore Second Amendment Issues with Group of Veterans

In September, we talked about the Brady Handgun Protection Act, a law that fuels the fears of many Veterans who believe that the Department of Veterans Affairs could confiscate their **weapons should they reveal mental health struggles**. This month, we'll have "part two" of this discussion with a group of Veterans to talk about the second amendment in light of: recent mass shootings, conversations happening now in society about "gun control", their military service and other experiences they may have.

On October 21st, 2019 from 7pm to 8pm, we will talk with Veterans about the second amendment. The Veterans' Voices monthly program can be seen [live online](#) on the County's website and [Facebook](#) @Veteransvoices1. The show will broadcast live and re-run multiple times on Contra Costa Television (CCTV) at www.contracostatv.org. CCTV can be found on Comcast Channel 27, Wave Channel 32, and AT&T U-Verse Channel 99 throughout Contra Costa County.

Viewers can share their own experiences or ask a question by calling into the program at: 925-313-1170, Facebook @Veteransvoices 1 or email veteransvoices@contracostatv.org

For more information about the program, show topic or to arrange interviews, including many veterans who volunteer to work on this locally produced talk show for veterans, contact County Veterans Service Officer, Nathan Johnson, at nathan@vs.cccounty.us or (925) 313-1481.

Our intention is to talk about the Second Amendment in light of: recent mass shootings, conversations happening now in society about "gun control", your military service, and other experiences you may have. We want to invite you onto the show to be a participant in this conversation.



Viet Nam Veterans of Diablo Valley **"INCOMING"**

NOV 2019



Official Mailing Address:

Viet Nam Veterans of Diablo Valley
Veterans Memorial Building of SRV
400 Hartz Avenue
Post Office Box 2079

Danville, CA 94526 - 2079

E-Mail: VNVDV1@gmail.com

Web: www.VNVDV.org

Electronic News

**2019 OFFICERS &
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Established 1991

To:

VNVDV Members & VIPs

Jonathan "JON" Robbins

Director of Information

Editor / Publisher "INCOMING" News

News E-Mail: VNVDV.News@gmail.com

Keep your e-mail address current please!

**Visit the VNVDV Web
Past Newsletters & our
latest news on-line**



The VietNam Veterans of Diablo Valley - established in 1991 as a local, grass-roots, non-profit, & all-volunteer Veteran Service Organization (VSO) to promote & enhance the image of the Viet Nam Veteran through Community Service & Support of our fellow Veterans, and value & maintain a high level of dignity & respect for the young men & women currently serving our nation today in all branches of our military services. **Danville's Veteran's Memorial Building for the San Ramon Valley** is home for the VNVDV and designed for the next 100 years - to serve our veterans now - those returning & our future veterans - while serving as a lasting reminder & Memorial for all those who served before us in the name of Freedom... *leaving a "legacy"*

The VNVDV meets monthly on the **1st Thursday** of every month at the **Crow Canyon Country Club** in Danville.

VNVDV monthly Board of Directors Meetings are held on the **3rd Thursday** each month at the Veterans Memorial Building in the Library / Board Room at **1800 Hrs.** in Danville. To find out more about programs & projects the VNVDV supports & events sponsored... visit the website at: www.VNVDV.com. All veterans & guests are welcome to attend our **"open"** membership meetings. This VNVDV is a casual - *"fun"* - social veterans group - always looking for new members who enjoy friendship & the special bond as military veterans. **We are Proud of our Military Service...** & of our continued contributions to fellow veterans & community. Our dinner meetings consist of a social dinner & guest speaker of interest to veterans & military. Please join us... All dinner meetings are **OPEN** - bring fellow VietNam veterans - active duty military - history buffs - friends - community supporters... *see what a difference volunteering makes in the lives of others. All veterans welcome!*

OPEN - SOCIAL DINNER MEETINGS - JOIN US!

**VIET NAM VETERANS
of
Diablo Valley**

MONTHLY SOCIAL DINNER MEETINGS with FEATURED GUEST SPEAKERS

1st THURSDAY of each Month

at **CROW CANYON COUNTRY CLUB** in Danville, CA

Social Hour at 1700 - Dinner at 1815 - Guest Speaker - **Join Us!**

Featuring "Chef's Special Buffet Dinner" - \$25. RSVP NOT Required!

"INCOMING" News - Official Newsletter of the VNVDV